PSHE (Personal, Social and Health Education) Policy

(including Relationships and Health Education Statutory from September 2020, and our position on Sex Education)





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Policy review cycle	Annual
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Grange Park Primary School Behaviour and Relationship Policy

Context

All schools must provide a curriculum that is broadly based, balanced and meets the needs of pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum should:

- Promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepare pupils at the school for the opportunities, responsibilities and experiences of later life.

The Importance of PSHE at Grange Park

Our children are at the centre of everything.

At Grange Park Primary School, Personal Social and Health Education (PSHE) runs through everything that we do and who we are. We strongly believe that PSHE underpins all aspects of everyday school life. Their safety, happiness and self-worth is paramount.

We pride ourselves in being an open, supportive community school. We strive to create positive relationships with families, the local community, outside agencies, and other local schools.

As educators, we promote the desire for our children to:

Be kind.

Be honest,

To show resilience,

To cooperate.

To respect,

To have aspirations,

To be positive;

and ultimately to become members of society who make a positive contribution to their community and the world they live in.

The teaching of PSHE helps to meet the national outcomes set out in The Education Act and Inspectors Act 2006 placed a requirement on schools to promote pupils' wellbeing (as identified in The Children's Act 2004) as well as their academic achievement. We are committed to promoting the health and wellbeing of pupils, and of the whole school community and fully recognise the important cyclical relationship between wellbeing and learning.

The National Curriculum Framework 2013 states specifically that 'all schools should make provision for PSHE, drawing on good practice.'

The Delivery of PSHE

As a school, we have chosen to follow the 'Jigsaw' Programme. This offers a comprehensive, carefully thought-through Scheme of Work which brings consistency and progression to our children's learning in this vital curriculum area. An overview of the Jigsaw programme can be seen later in this document.

The Jigsaw Programme also supports the 'Personal Development' and 'Behaviour and Attitude' aspects required under the Ofsted Inspection Framework, as well as significantly contributing to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social and Cultural) development opportunities provided for our children.

Prior to teaching discreet PSHE lessons, staff ensure that all pupils are aware of the clear ground rules and confidentiality expectations due to the nature of discussions that may take place, particularly when they are working with real-life experiences that may affect pupils within the school.

We will ensure that, where pupils indicate they may be vulnerable or at risk, staff will follow school procedures, which include;

- Support from the Class Teacher or Adult
- Recording of incident in CPOMs
- Inform Designated Safeguard Lead's (DSL)
- Referral to the Emotional Literacy Support Assistant
- Contact Family Connect

We promote the needs and interests of all pupils irrespective of gender, culture, ability or aptitude by ensuring that pupils actively participate in PSHE lessons and have opportunities to discuss and clarify their feelings and beliefs in a supportive, non-judgemental environment.

Teaching will take into account the ability, age, readiness, and cultural backgrounds of our pupils and those with English as a second language to ensure that all can fully access PSHE education provision. In order to provide access to learning and to meet pupils' diverse needs, specific action will be taken by staff to:

- Create effective learning environments, providing for all pupils, including SEND, PPG and EAL.
- Differentiate tasks and materials as appropriate
- Use termly formative assessment to inform future learning.

Our PSHE programme promotes the values of kindness, honesty, resilience, cooperation, respect, positivity and aspiration. This is underpinned through the everyday ethos of school life. The programme aims to fulfil the requirements of the national curriculum whilst also addressing the social and cultural contexts of pupils in our school environment, giving an understanding of diversity and equality; equipping them with the tools they will need to become positive members of their community.

Statutory Relationships and Health Education

"The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education. They also make Health Education compulsory in all schools except independent schools. DFE Guidance p.8

"Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way."

"This is why we have made Relationships Education compulsory in primary schools in England ... as well as making Health Education compulsory in all state-funded schools."

"In primary schools, we want the subjects to put in place the key building blocks of healthy, respectful relationships, focussing of family and friendships, in all contexts, including online. This will sit alongside the essential understanding of how to be healthy."

"These subjects represent a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others' wellbeing and attainment and help young people to become successful and happy adults who make a meaningful contribution to society."

Secretary of State Foreword, DfE Guidance 2019 p.4-5

"Schools are free to determine how to deliver the content set out in the DfE guidance 2019 in the context of a broad and balanced curriculum. Effective teaching in these subjects will ensure that core knowledge is broken down into units of manageable sizes and communicated clearly to pupils, in a carefully sequenced way, within a planned programme of lessons." DfE Guidance 2019 p.8

"All schools must have in place a written policy for Relationships Education and RSE." DfE Guidance p.11

Here at Grange Park Primary School, we value PSHE as one way to support children's development as human beings, to enable them to understand and respect who they are to empower them with a voice and equip them for life and learning.

We include the statutory Relationships and Health Education within our whole-school PSHE Programme.

To ensure progression and a spiral curriculum, we use Jigsaw, the mindful approach to PSHE, as our chosen teaching and learning programme. The mapping document: Jigsaw 3-11 and statutory Relationships and Health Education, shows exactly how Jigsaw, and therefore our school, meets the statutory Relationships and Health Education requirements.

Our PSHE policy is informed by existing DfE guidance:

- Keeping Children Safe in Education (statutory guidance)
- Respectful School Communities: Self Review and Signposting Tool

- Behaviour and Discipline in Schools
- Equality Act 2010
- Schools SEND code of practice: 0 to 25 years (statutory guidance)
- Alternative provision (statutory guidance)
- Mental Health and Behaviour in schools (advice for schools)
- Preventing and Tackling Bullying (advice for schools, including advice on cyberbullying)
- Sexual violence and sexual harassment between children in schools (advice for schools)
- The Equality and Human Rights Commission Advice and Guidance
- Promoting Fundamental British Values as part of SMSC in schools

What do we teach, who teaches it and when?

Whole-school Approach

Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education. The table below gives the learning theme of each of the six puzzles (units) which are taught across the school; the learning deepens and broadens each year.

Term	Puzzle (unit)	Content
Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding difference.
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, what do I want to become and what I could like to do for work and to contribute to society.
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise.
Summer 1:	Relationships	Includes understanding friendship. Family and other relationships, conflict resolution and communication skills, bereavement and loss.
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change.

At Grange Park Primary School, we allocate one lesson (one hour) to PSHE each week in order to teach the PSHE knowledge and skills in a developmental and age-appropriate way. Class teachers deliver the weekly lessons to their own classes.

These explicit lessons are enhanced in many ways:

Assemblies, a whole-school praise and reward system, the Jigsaw Learning Charter, through focussing on building positive and meaningful relationships child to child, adult to child and adult to adult across the school. We aim to 'live' what is learnt and apply it to everyday situations in the school community.

Grange Park Primary Schools PSHE content overview (including Summative Assessment Statements - 'working at' level)

Age Group	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Ages 3-5 (Nursery and Reception)	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Ages 5-6 (Year 1)	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter I can explain why my class is a happy and safe place to learn. I can give different examples where I or others make my class happy and safe.	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone I can tell you some ways that I am different and similar to other people in my class, and why this makes us all special. I can explain what bullying is and how being bullied	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles I can explain how I feel when I am successful and how this can be celebrated positively.	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness I can explain why I think my body is amazing and can identify a range of ways to keep it safe and healthy. I can give examples of when being healthy can	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships I can explain why I have special relationships with some people and how these	Life cycles - animal and human Changes in me Changes since being a baby Differences between male and female bodies (correct terminology) Linking growing and learning Coping with change Transition I can compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older.

		might make somebody feel.	I can say why my internal treasure chest is an important place to store positive feelings.	help me feel happy.	relationships help me feel safe and good about myself. I can also explain how my qualities help these relationships. I can give examples of behaviour in other people they I appreciate and behaviours that I don't like.	I can use the correct names for penis, testicles, anus, vagina, vulva, and give reasons why they are private. I can explain why some changes I might experience might feel better than others.
Ages 6-7	Hopes and fears	Assumptions and	Achieving realistic	Motivation	Different types of	Lifecycles in
(Year 2)	for the year	stereotypes about	goals	Healthier choices	family	nature
,	Rights and	gender	Perseverance	Relaxation	Physical contact	Growing from
	responsibilities	Understanding	Learning strengths	Healthy eating	boundaries	young to old
	Rewards and	bullying	Learning with	and nutrition	Friendship and	Increasing
	consequences	Stand up for self	others	Healthier snacks	conflict	independence
	Safe and fair	and others	Group co-	and sharing food	Secrets	Differences in
	learning	Making new	operation	Laga ambata seles	Trust and	female and male
	environment Valuing	friends Gender diversity	Contributing to and sharing	I can explain why foods and	appreciation	bodies (correct
	contributions	Celebrating	success	medicines can be	Expressing appreciation for	terminology) Assertiveness
	Choices	difference and	3UCCE33	good for my body	special	Preparing for
	Recognising	remaining friends	I can explain how I	comparing my	relationships	transition
	feelings	1 2	played my part in	ideas with less		
	J. J.	I can explain that	a group and the	healthy/ unsafe	I can explain why	I can use the
	I can explain why	sometimes people	parts other people	choices.	some things might	correct terms to
	my behaviour can	get bullied	played to create		make me feel	describe penis,
	impact on other	because they are	an end product.	I can compare my	uncomfortable in	testicles, anus,
	people in my	seen to be		own and my	a relationship and	vagina, vulva and
	class.	different; this		friends' choices	compare this with	

		might include	I can explain how	and can express	relationships that	explain why they
	I can compare my	people who do not	our skills	how it feels to	make me feel safe	are private.
	own and my	conform to gender	complement each	make healthy and	and special.	are private.
	friends' choices	stereotypes	other.	safe choices.	and special.	I can explain why
	and can express	stereotypes	other.	sale choices.	I can give	some types of
	why some choices	I can explain how	I can explain how		examples of some	touches feel OK
	are better than	it feels o have a	it felt to be part		different problem-	and others don't.
	others.	friend and be a	of a group and can		solving techniques	and others don t.
	ouicis.	friend. I can also	identify a range of		and explain how I	I can tell you what
		explain why it is	feelings about		might use them in	I like and don't
		OK to be different	group work.		certain situations	like about being a
		from my friends.	group work.		in my	boy/ girl and
		moniting menas.			relationships.	getting older and
					- Ctationismps:	recognise that
						other people
						might feel
						differently to me.
Ages 7-8	Setting personal	Families and their	Difficult	Exercise	Family roles and	How babies grow
(Year 3)	goals	differences	challenges and	Fitness challenges	responsibilities	Understanding a
	Self-identity and	Family conflict	achieving success	Food labelling and	Friendship and	baby's needs
	worth	and how to	Dreams and	healthy swaps	negotiation	Outside body
	Positivity in	manage it (child-	ambitions	Attitudes towards	Keeping safe	changes
	challenges	centred)	New challenges	drugs	online and who to	Inside body
	Rules, rights and	Witnessing	Motivation and	Keeping safe and	go to for help	changes
	responsibilities	bullying and how	enthusiasm	why it's important	Being a global	Family
	Rewards and	to solve it	Recognising and	- online and	citizen	stereotypes
	consequences	Recognising how	trying to	offline scenarios	Being aware of	Challenging my
	Responsible	words can be	overcome	Respect for	how my choices	ideas
	choices	hurtful	obstacles	myself and others	affect others	Preparing for
	Seeing things from	Giving and	Evaluating	Healthy and safe	Awareness of how	transition
	others'	receiving	learning processes	choices	other children	1
	perspectives	compliments	Managing feelings	1	have different	I can explain how
	Lann avalata kave	Lago dagarites	Simple budgeting	I can identify	lives	boys' and girls'
	I can explain how	I can describe	l ann aimhata tha	things, people and	Expressing	bodies change on
	my behaviour can	different conflicts	I can explain the	places that I need	appreciation for	the inside/
	affect how others	that might happen	different ways	to keep safe from	family and friends	outside during the
	feel and behave.	in family or	that help me learn	and can tell you		growing up

	1	Γ	T	T	T	T .
		friendship groups	and what I need	some strategies	I can explain how	process and can
	I can explain why	and how words	to do to improve.	for keeping myself	my life is	tell you why these
	it is important to	can be used in		safe and healthy	influenced	changes are
	have rules and	hurtful or kind	I am confident	including who to	positively by	necessary so that
	how that helps me	ways when	and positive when	go to for help and	people I know and	their bodies can
	and others in my	conflicts happen.	I share my success	how to call	also people from	make babies when
	class learn.		with others.	emergency	other countries.	they grow up.
		I can tell you how		services.		
	I can explain why	being involved	I can explain how		I can explain why	I recognise how I
	it is important to	with a conflict	these feelings can	I can express how	my choices might	feel about these
	feel valued.	makes me feel	be stored in my	being anxious/	affect my family,	changes
		and can offer	internal treasure	scared and unwell	friendships and	happening to me
		strategies to help	chest and why this	feels.	people around the	and can suggest
		the situation e.g.	is important.		world who I don't	some ideas to
		Solve it Together			know.	cope with these
		or asking for help.				feelings.
Ages 8-9	Being part of a	Challenging	Hopes and dreams	Healthier	Jealousy	Being unique
(Year 4)	class team	assumptions	Overcoming	friendships	Love and loss	Having a baby
	Being a school	Judging by	disappointment	Group dynamics	Memories of loved	Girls and puberty
	citizen	appearance	Creating new,	Smoking	ones	Confidence in
	Rights,	Accepting self and	realistic dreams	Alcohol	Getting on and	change
	responsibilities	others	Achieving goals	Assertiveness	falling out	Accepting change
	and democracy	Understanding	Working in a group	Peer pressure	Girlfriends and	Preparing for
	(school council)	influences	Celebrating	Celebrating inner	boyfriends	transition
	Rewards and	Understanding	contributions	strength	Showing	Environmental
	consequences	bullying	Resilience		appreciation to	change
	Group decision-	Problem-solving	Positive attitudes	I can recognise	people and	
	making	Identifying how		when people are	animals	I can summarise
	Having a voice	special and	I can plan and set	putting me under		the changes that
	What motivates	unique everyone	new goals even	pressure and can	I can recognise	happen to boys'
	behaviour	is	after a	explain ways to	how people are	and girls' bodies
		First impressions	disappointment.	resist this when I	feeling when they	that prepare them
	I can explain why			want to.	miss a special	for making a baby
	being listened to	I can tell you a	I can explain what		person or animal.	when they are
	and listening to	time when my	it means to be	I can identify		older.
	others is	first impression of	resilient and have	feelings of anxiety	I can give ways	
	important in my	someone changed		and fear	that might help	

	school	as I got to know	a positivo	associated with	me manage my:	L can avalain cama
		as I got to know	a positive		me manage my	I can explain some
	community.	them.	attitude.	peer pressure.	feelings when	of the choices I
					missing a special	might make in the
	I can explain why	I can also explain			person or animal.	future and some
	being democratic	why bullying				of the choices
	is important and	might be difficult				that I have no
	can help me and	to spot and what				control over.
	others feel	to do about it if				
	valued.	I'm not sure.				I can offer some
						suggestions about
		I can explain why				how I might
		it is good to				manage my
		accept myself and				feelings when
		others for who we				changes happen.
		are.				3 11
Ages 9-10	Planning the	Cultural	Future dreams	Smoking,	Self-recognition	Self- and body
(Year 5)	forthcoming year	differences and	The importance of	including vaping	and self-worth	image
	Being a citizen	how they can	money	Alcohol	Building self-	Influence of
	Rights and	cause conflict	Jobs and careers	Alcohol and anti-	esteem	online and media
	responsibilities	Racism	Dream job and	social behaviour	Safer online	on body image
	Rewards and	Rumours and	how to get there	Emergency aid	communities	Puberty for girls
	consequences	name-calling	Goals in different	Body image	Rights and	Puberty for boys
	How behaviour	Types of bullying	cultures	Relationships with	responsibilities	Conception
	affects groups	Material wealth	Supporting others	food	online	(including IVF)
	Democracy,	and happiness	(charity)	Healthy choices	Online gaming and	Growing
	having a voice,	Enjoying and	Motivation	Motivation and	gambling	responsibility
	participating	respecting other	Mocivación	behaviour	Reducing screen	Coping with
	participating	cultures	I can compare my	benavioui	time	change
	I can compare my	Cuttures	hopes and dreams	I can explain	Dangers on online	Preparing for
	life with other	I can explain the	with those of	different roles	grooming	transition
	people in my	differences	young people from	that food and	SMARRT internet	ti ali sitioli
	country and	between direct	different cultures.	substances can	safety rules	I can explain how
			different cuttures.		safety futes	
	explain why we	and indirect types	Loop roflect on	play in people's	Loop compare	boys and girls
	have rules, rights	of bullying and	I can reflect on	lives,	I can compare	change during
	and	can offer a range	the hopes and		different types of	puberty and why
	responsibilities to	of strategies to	dreams of young	I can also explain	friendships and	looking after
	try and make the	help myself and	people from	how people can	the feelings	myself physically

	school and wider community a fair place. I can explain how the actions of one person can affect another and five examples of this from school and a wider context.	others if we become involved (directly or indirectly) in a bullying situation. I can explain why racism and other forms of discrimination are unkind. I can express how I feel about discriminatory behaviour.	another culture and explain how this makes me feel.	develop eating problems (disorders) relating to body image pressures and how alcohol misuse in unhealthy. I can summarise different ways that I respect and value my body.	associated with them. I can also explain how to stay safe when using technology to communicate with my friends, including how to stand up for myself, negotiate and to resist peer pressure. I can apply strategies to manage my feelings and the pressures I may face to use technology in ways that may be risky or cause harm to myself or	and emotionally is important. I can also summarise the process of conception. I can express how I feel about the changes that will happen to me during puberty, and that I accept these changes might happen at different times to my friends.
Ages 10-11 (Year 6)	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/ exclusion Difference as a conflict	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress	others. Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction

Democracy, having a voice Anti-social behaviour Role-modelling I can explain how my choices can have an impact on people in my immediate community and globally. I can empathise with others in my community and globally and explain how this can influence the choices I make.	Difference as a celebration Empathy I can explain ways in which difference can be a source of conflict or a cause for celebration. I can show empathy with people in situations where their difference is a source of conflict or a cause for celebration.	Recognising achievements Compliments I can explain different ways to work with others to help make the world a better place. I can explain what motivates me to make the world a better place.	I can explain when substances including alcohol are being used anti-socially or being misused and the impact this can have on an individual and others. I can identify and apply skills to keep myself emotionally healthy and to manage stress and pressure.	Taking responsibility with technology use I can identify when people may be experiencing feelings associated with loss and also recognise when people are trying to gain power or control. I can explain the feelings I might experience if I lose somebody special and when I need to stand up for myself and my friends in real or online situations. I can offer strategies to help me manage these	Respect and consent Boyfriends/girlfriends Sexting Transition I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born. I recognise how I feel when I reflect on becoming a teenager and how I feel about the development and birth of a baby.
PSHE objective					

PSHE objective Social and Emotional Development Objective

Sex Education

The DfE Guidance 2019 (p.23) recommends that all primary schools 'have a sex education programme tailored to the age and physical and emotional maturity of the pupils. However, 'Sex Education is not compulsory in primary schools" (p.23).

At Grange Park Primary School, we believe children should understand the facts about human reproduction before they leave primary school.

We define Sex education as including physical and sexual development, growth and change, puberty, human reproduction, pregnancy and childbirth and child development and parenting.

We intend to teach this through different aspects of the curriculum and carry out the main RSE teaching in our PSHE curriculum. We also teach RSE through other subject areas (e.g. Science, P.E. and R.E.), where we feel that they contribute significantly to a child's knowledge and understanding of his or her own body, and how it is changing and developing. Linked with R.E. children reflect on family relationships, different family groups and friendship. They learn about rituals and traditions associated with birth, marriage and death and talk about the emotions involved.

Teachers can choose to teach RSE following the usual weekly format or, if felt more beneficial, as a block of sequential lessons over a week.

Parents' right to request their child be excused from Sex Education

"Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory Relationships and Sex Education" DfE Guidance (p.17)

At Grange Park Primary School, puberty is taught as a statutory requirement of Health Education and covered by our Jigsaw PSHE programme in the 'Changing Me' puzzle (unit). We conclude that sex education refers to Human Reproduction and therefore inform parents of their right to request their child be withdrawn from the PSHE lessons that explicitly teach this, for example:

Year 4, Changing Me, Lesson 2 - Having a baby

Year 5, Changing Me, Lesson 4 - Conception

Year 6, Changing Me, Lesson 4 - Conception and birth

The school will inform parents of this right by letter.

Additional PSHE tought throughout school

EYFS

Nursery	Reception
	 People who help us Personal hygiene- healthy eating,
	brushing teeth, exercise

KSI

Year I	Year 2
 Real life superheroes – learning about their roles in our lives PANTS (underwear rule) – NSPCC 	RNLI visit - water and beach sazety

KS2

Year 3	Year 4	Year 5	Year 6
Parliament Loan Box	Road Safety Training	,	Crucial crew Children in Need - focusing on problems faced by children in the world and enterprise when running CIN fundraising day. STAR Tut. Stay safe. online
		بم	rogramme

Generic for whole school

- E-safety x 2 per half term (usually before holidays)
- Daily check-ins with all children by class teacher and additional with ELSA
- Anti-Bullying Week Odd Socks Day
- Mental Health -Wear Yellow- day
- Children in Need
- Red Nose Day
- Black History Month
- Each year group to focus on a key individual from history (TBC)
- LGBTQ+.
- Promotion of healthy lifestyles and a healthy mindset

Mental health awareness and the promotion of good mental health is a major part of the PSHE curriculum at Grange Park. It is addressed as part of the curriculum in each year group, with a focus on well being themes such as being different, resilience, perseverance, loneliness and growth mindset. Opportunities are regularly taken to highlight links between healthy lifestyle and a healthy mindset. These themes form the core values promoted and celebrated at Grange Park.

Assessment, Monitoring and Review

Assessment, recording and reporting in PSHE is based on:

- Termly recording of progress and attainment using professional teacher judgement
- Planning and discussion with teachers to ensure continuity and progression.
- Talking to children.
- A sample of books from across the Key Stages will be monitored by the PSHE Coordinators, in-line with the school Monitoring Policy.
- An annual report to parents, indicating individual progress made
- Governors and SLT scrutinise and ratify teaching materials to check they are in accordance with the school's ethos.

Home Involvement

We are committed to working alongside parents and carers. We will offer support by making our policy available on our school website, ensuring that parents are encouraged to raise questions regarding PSHE with staff members, and that staff are approachable.